

Strategies to Improve Employee Performance through Effective Leadership and a Healthy Culture

Maman Musa¹, Rini Angriani², Irfan Akadji³, Syamsinah⁴, Ghoriqna Fibachril Wahdah⁵

¹⁻⁵Universitas Bina Mandiri Gorontalo

Article Info

Article history:

Received December, 2024

Revised December, 2024

Accepted December, 2024

Keywords:

Leadership,
Employee Performance,
Organizational Culture,
Job Satisfaction,
Development Strategy

ABSTRACT

This article discusses strategies for improving employee performance through effective leadership and a healthy organizational culture. In the context of a competitive world of work, the role of leadership is crucial in creating a work environment that supports motivation and productivity. This study identifies leadership characteristics that contribute to the development of a positive organizational culture, such as openness, good communication, and recognition of employee achievements. In addition, this article also explores how a healthy organizational culture, characterized by values of collaboration and trust, can improve job satisfaction and, ultimately, employee performance. Through the analysis of the review literature, this article provides practical recommendations for managers and leaders to implement effective strategies in improving employee performance.

This is an open access article under the [CC BY-SA](#) license.



Corresponding Author:

Name: Maman Musa

Institution: Universitas Bina Mandiri Gorontalo

e-mail: maman.musa@ubmg.ac.id

1. INTRODUCTION

Employee performance is one of the important factors in the success of an organization. In an increasingly competitive business world, the effectiveness of employee performance not only affects productivity, but also the company's competitiveness in the market. Therefore, organizations need to implement various effective strategies to improve employee performance. One approach that has proven effective is through good leadership. Leaders who are able to inspire and motivate their teams can create a positive and productive work atmosphere.

Effective leadership includes a variety of characteristics, such as the ability to communicate well, provide constructive feedback, and demonstrate empathy for the needs of team members. When leaders show

concern and support for employee development, it can increase their confidence and commitment to work. Thus, a good leader is not only a manager, but also a source of motivation for employees. They play an important role in shaping a work culture that supports collaboration and innovation.

A healthy organizational culture is also a key element in improving employee performance. A positive culture is characterized by values such as collaboration, trust, and transparency. When employees feel comfortable and valued in their work environment, they tend to be more motivated to give their best. A good work culture also encourages employees to innovate and share ideas, which in turn contributes to improved overall performance. Thus, effective leadership and a healthy organizational

culture are interrelated and mutually supportive.

As part of the development strategy, it is important for organizations to identify and implement best practices in leadership and work culture. This study aims to further investigate the relationship between effective leadership, healthy organizational culture, and employee performance. By understanding these factors, it is hoped that organizations can formulate better strategies to improve employee performance. Through an integrated approach, organizations can create a work environment that is not only productive, but also enjoyable for all team members.

Employee performance improvement is greatly influenced by effective leadership and a healthy organizational culture. Although many organizations are aware of the importance of these two aspects, there are still many who have not optimized their application in daily practice. This is often due to a lack of understanding of how leadership and organizational culture interact with each other and affect employee performance. Without a clear strategy, organizations tend to stagnate in productivity, which ultimately negatively impacts the achievement of company goals. With this situation in mind, it is important to dig deeper into the factors that contribute to the effectiveness of leadership and work culture.

Furthermore, understanding the close relationship between leadership and work culture is key in formulating the right strategies to improve employee performance. Many leaders still ignore the importance of creating a supportive organizational culture, even though this can increase employee motivation and commitment. Employees who feel valued and supported tend to be more proactive and productive. Therefore, a more holistic approach is needed in managing leadership and organizational culture, so that the goal of improving performance can be achieved more effectively.

Therefore, this study aims to fill the knowledge gap regarding the interaction between leadership, organizational culture,

and employee performance. By exploring these dynamics, it is hoped that practical recommendations that are useful for managers in creating a work environment that supports employee productivity and well-being can be found. By understanding the factors that affect performance in more depth, organizations can formulate strategies that are not only effective, but also sustainable in the long term. This is very important, especially in the face of the challenges of the ever-changing and evolving world of work.

2. METHODS

In this study, the method used is a literature study to analyze the influence of effective leadership and healthy organizational culture on employee performance. Literature studies allow researchers to collect and analyze information from a variety of relevant sources, such as journals, books, and scientific articles. With this approach, researchers can explore existing theories as well as previous findings related to the research topic. The analysis was conducted to identify knowledge gaps and build a solid foundation for further research.

Furthermore, the selection of literature sources is carried out selectively to ensure that the information obtained is of high quality and relevant. Researchers searched for literature that included a wide range of perspectives on leadership, organizational culture, and employee performance from various industry sectors. As such, the analysis can cover a broader context and provide deeper insights into how the two factors interact. This process also helps researchers to understand various theories and models that have been developed previously in this field.

The results of this literature study are expected to provide practical recommendations for organizations in improving employee performance through healthy leadership and culture. By integrating findings from various sources, this study aims to compile a comprehensive guide for managers and leaders of organizations. This will not only help in better decision-making,

but also encourage continuous improvement in the work environment. Thus, literature studies are a vital first step in understanding the complex dynamics between leadership, organizational culture, and employee performance.

3. RESULTS AND DISCUSSION

The results of the study show that effective leadership has a significant impact on improving employee performance. Good leadership involves not only making the right decisions, but also the ability to motivate and inspire team members. Leaders who are able to communicate clearly and provide constructive feedback can create a positive work environment, where employees feel valued and motivated to contribute more. Previous research has also shown that leaders who show empathy and emotional support can increase employee job satisfaction, which in turn impacts their performance [1]. Thus, effective leadership is one of the key factors in achieving organizational goals.

Furthermore, the relationship between effective leadership and employee performance can be seen from how leaders build a healthy organizational culture. A positive organizational culture, characterized by the values of collaboration and trust, contributes to increased employee productivity. When employees feel safe and supported in their work environment, they tend to be more innovative and actively participate in the team. Research shows that organizations that adopt a participatory leadership style can create a more inclusive work environment, which encourages employees to share ideas and contribute to the fullest [2]. Therefore, it is important for leaders to not only focus on results, but also on processes and interpersonal relationships within the team.

Finally, to achieve optimal employee performance, organizations need to invest time and resources in leadership development. Regular leadership training and development can help managers to improve their skills in creating a positive and

supportive culture [3]. Research shows that organizations that are committed to developing their leaders through effective training programs can see significant improvements in employee performance [4]. As such, a strategy that integrates effective leadership and a healthy organizational culture is essential to achieving optimal employee performance and long-term organizational success.

Leaders who are able to communicate well and provide emotional support can increase team motivation and commitment. Effective communication creates an open channel between leaders and team members, so employees feel more comfortable conveying their ideas, inputs, and concerns. When leaders listen actively and respond with empathy, it not only increases mutual trust, but also strengthens interpersonal relationships within the team. Research shows that good communication can reduce uncertainty and increase job satisfaction, which in turn has a positive impact on employee performance [5]. Therefore, communication skills are one of the important competencies that a leader must have.

Furthermore, emotional support from leaders also plays an important role in building team motivation and commitment [6]. When leaders show concern for employees' emotional well-being, they tend to feel more valued and motivated to give their best [7]. This support can be in the form of recognition of achievements, providing constructive feedback, or even simply listening to the problems employees are facing. Research shows that leaders who provide emotional support can create a more positive work environment, where employees feel safe to innovate and take risks [8]. Thus, emotional support is not just a sympathetic act, but also an effective strategy to improve team performance.

Finally, a combination of good communication and emotional support can create a productive and collaborative work culture. When employees feel supported and involved in the decision-making process, they are more likely to commit to organizational

goals. Research shows that teams led by communicative and empathetic leaders have higher employee retention rates and better performance. Therefore, organizations need to develop training programs that focus on developing communication skills and emotional support for their leaders [9]. In this way, it is hoped that leaders can create a team that is not only productive, but also harmonious and committed to the organization's vision.

A healthy organizational culture, which is characterized by the values of collaboration and trust, plays an important role in increasing employee productivity. When employees feel that they are working in an environment that supports collaboration, they are more likely to share ideas and work together in achieving common goals. This creates synergy among team members, which in turn can improve work efficiency and effectiveness. Research shows that organizations that promote a collaborative culture can see an increase in innovation and creativity, as employees feel more free to express their thoughts without fear of negative judgment [10]. Thus, the values of collaboration become a strong foundation for creating a productive team.

Furthermore, trust in the organizational culture is also a key element that supports employee productivity. When employees feel trust in each other and in their leaders, they are more likely to take the initiative and take responsibility for their work. This trust reduces uncertainty and increases a sense of security in the workplace, allowing employees to focus on their tasks without distractions. Research shows that organizations with a high level of trust between management and employees tend to have lower turnover rates and higher job satisfaction [11]. Therefore, building trust among team members should be a priority for any organization looking to increase productivity.

Finally, a combination of collaboration and trust in an organization's culture can create a positive and productive work environment. When employees feel

valued and supported, they are more motivated to contribute to the maximum. A healthy culture not only increases individual productivity, but it also strengthens commitment to the organization's overall goals. Research shows that organizations that successfully create a positive work culture can see significant performance improvements, as well as higher employee loyalty [12]. Therefore, it is important for management to actively develop and maintain a healthy organizational culture, one that focuses on collaboration and trust.

Employees who feel valued and involved in decision-making are more likely to deliver the best performance. When employees feel that their contributions are recognized and appreciated, they will be more motivated to work hard and strive to achieve organizational goals. This sense of appreciation can come in many forms, such as formal recognition, positive feedback, or even just a thank you from your boss. Research shows that consistent recognition can increase employee job satisfaction and commitment, which in turn has a positive impact on their performance [13]. Thus, creating a culture of appreciation in the workplace is essential to encourage optimal performance.

Furthermore, employee involvement in decision-making also contributes significantly to their performance. When employees are given the opportunity to participate in the decision-making process, they feel they have control over their work and are more attached to the results achieved. This creates a greater sense of responsibility, so employees tend to work harder to achieve the desired results. Research shows that involvement in decision-making can increase a sense of ownership and loyalty to an organization, which leads to increased productivity [14]. Therefore, management needs to create communication channels that allow employees to express their opinions and ideas.

Finally, a combination of reward and involvement in decision-making can create a positive and productive work environment. When employees feel valued and engaged,

they are more likely to collaborate with their peers and contribute to the fullest. A work culture that supports participation and reward not only improves individual performance, but also strengthens the team as a whole. Research shows that organizations that successfully create an inclusive work environment and value employee contributions can see significant performance improvements and higher loyalty [15]. Therefore, it is important for organizations to develop strategies that promote employee reward and engagement in every aspect of operations.

The practice of participatory leadership has been in the spotlight in the modern organizational world. In this approach, the leader does not only make decisions unilaterally, but involves team members in the decision-making process. This creates a sense of belonging among team members, which in turn increases their motivation and commitment to the organization's goals. When team members feel valued and heard, they tend to be more active in contributing with innovative ideas. Research shows that organizations that implement participatory leadership often experience increased productivity and job satisfaction [16]. Thus, participatory leadership is not just a management style, but also an effective strategy for creating a positive work environment.

Furthermore, an innovative and responsive work environment is a direct result of the implementation of participatory leadership. In this context, innovation does not only come from the leader, but also from the entire team member. When each individual feels that they have a voice, they are more courageous to come up with new ideas and creative solutions to the problems they face. This creates an organizational culture that supports experimentation and learning. In addition, responsiveness to market changes and customer needs is also increasing, as actively engaged teams can respond quickly to emerging challenges [17]. Thus, participatory leadership contributes to

the development of a sustainable culture of innovation within the organization.

The importance of participatory leadership in creating an innovative and responsive work environment cannot be overlooked. Organizations that adopt this approach are not only able to survive the competition, but can also grow rapidly. In an era of globalization and rapid change, the ability to adapt and innovate is the key to success. Therefore, leaders need to develop skills to facilitate participation and collaboration among team members. By creating space for open dialogue and constructive feedback, leaders can ensure that every voice is heard and valued [18]. Thus, participatory leadership becomes a strong foundation for creating an organization that is not only innovative, but also responsive to the needs of the times.

Leadership training and development is a crucial aspect in increasing the effectiveness of managers in an organization [19]. Through structured training programs, managers can gain the skills and knowledge necessary to lead teams better. Research shows that managers who attend leadership training regularly tend to be better able to deal with challenges that arise in the work environment. In addition, this training also helps managers to understand team dynamics and how to build good relationships with team members. With the skills gained, managers can create a more positive and productive work atmosphere. Therefore, investing in leadership training is not only beneficial for individuals, but also for the entire organization [20].

A positive organizational culture is essential for creating a healthy and productive work environment. Well-trained managers have the ability to motivate and inspire their team members. By applying good leadership principles, managers can create an atmosphere where employees feel valued and supported. This contributes to increased job satisfaction and employee loyalty. Research shows that a positive culture in the workplace can improve team performance and reduce employee turnover rates. Therefore,

continuous leadership training is one of the important strategies in building a strong organizational culture [21].

The impact of leadership training and development is not only visible in the short term, but also has significant long-term effects. Managers who continue to develop their leadership skills will be better prepared to face the changes and challenges of the future. In addition, they can also act as mentors for other team members, thus creating a continuous learning cycle in the organization. Thus, leadership training contributes to the development of quality human resources. Organizations that invest in leadership development will have a better competitive advantage in the market. Therefore, it is important for organizations to design training programs that are ongoing and relevant to the needs of their managers and teams [22]. As such, a strategy that integrates effective leadership and a healthy organizational culture is essential to achieve optimal employee performance.

4. CONCLUSION

Effective leadership and a healthy organizational culture are two key factors in improving employee performance. Participatory and inclusive leadership practices create a work environment that supports collaboration, innovation, and a sense of belonging among employees. In addition, a positive organizational culture, which rewards the contribution of each individual, is able to increase motivation and job satisfaction, leading to better performance. By integrating these two elements, organizations can achieve optimal and sustainable results.

SUGGESTION

To improve employee performance, organizations need to develop training programs that focus on leadership and communication skills. Additionally, it is important for management to create effective communication channels so that employees can convey their ideas and inputs. Organizations are also advised to regularly evaluate their existing work culture, to ensure that the values of collaboration and appreciation are maintained.

REFERENCES

- [1] F. Wibowo and H. K. Tjahjono, "Optimizing organizational performance through effective leadership styles to achieve job satisfaction: a literature study," *J. Manaj.*, vol. 4, no. 1, pp. 129–142, 2022.
- [2] R. N. Pangestu, D. S. Rani, T. Setya, N. Tyas, and Z. Farhah, "Factors Influencing Employee Performance: Planning, Quality and Leadership (Performance Management Literature Review)," *J. Manaj.*, vol. 4, no. 2, pp. 215–228, 2022.
- [3] M. Maman, Darman, F. Ahmad, W. Rasyid, A. W. Febrina Anali, and F. Hasan, "Analysis of the Determinants of Leadership Style," *West Sci. Interdiscip. Stud.*, vol. 1, no. 6, pp. 230–238, 2023, doi:10.58812/wsis.v1i6.92.
- [4] A. Musaddad, "Leadership Development Strategies Based on Islamic Values in Schools," *J. Educators.*, vol. 9, no. 1, pp. 1–17, 2024.
- [5] A. Rachmawati and S. Supriyadi, "The Effect of Effective Communication on Employee Performance in Manufacturing Companies," *J. Manaj. and Business*, vol. 12, no. 1, pp. 45–60, 2023.
- [6] Darman and W. M. Adha, "The Effect of Intellectual Intelligence and Emotional Intelligence on Competence and Employees Performances," *J. Manaj.*, vol. 25, no. 2, p. 222, 2021, doi: 10.24912/jm.v25i2.737.
- [7] W. M. Adha and D. Syarif, "The Important Role of Emotional Intelligence in Supporting Auditor Performance," *Atestation J. Ilm. Accountant.*, vol. 5, no. 2, pp. 347–361, 2022, doi: 10.57178/atestasi.v5i2.331.
- [8] D. P. Sari and N. Hidayati, "Emotional Support of Leaders and Their Impact on Employee Motivation," *J. Psychol. and Educators.*, vol. 8, no. 2, pp. 112–12, 2022.
- [9] A. Prasetyo and R. Wulandari, "Effective Leadership: Building a Committed and Productive Team," *J. Ilmu Manaj.*, vol. 10, no. 3, pp. 201–215, 2024.
- [10] W. A. Kahn, "Psychological conditions of personal engagement and disengagement at work," *Acad. Manag. J.*, vol. 33, no. 4, pp. 692–724, 1990.
- [11] K. T. Dirks and D. L. Ferrin, "Trust in leadership: Meta-analytic findings and implications for research and practice," *J. Appl. Psychol.*, vol. 87, no. 4, pp. 611–628, 2002.
- [12] K. S. Cameron and R. E. Quinn, *Diagnosing and Changing Organizational Culture: Based on the Competing Values Framework*. Jossey-Bass, 2011.

- [13] R. F. Sari and A. Prasetyo, "The Effect of Employee Appreciation and Engagement on Employee Performance in Service Companies," *J. Manaj. Resources Mns.*, vol. 11, no. 1, pp. 23–35, 2023.
- [14] N. Hidayati and A. Rahman, "The Role of Employee Engagement in Improving Organizational Performance: A Case Study in the Education Sector," *J. Ilmu Manaz.*, vol. 9, no. 2, pp. 145–158, 2022.
- [15] A. Wibowo and B. Setiawan, "Organizational Culture and Employee Performance: An Analysis of the Influence of Rewards and Participation," *J. Psychol. and Educators.*, vol. 10, no. 1, pp. 67–80, 2024.
- [16] A. Supriyadi, "Participatory Leadership in Organizations," *J. Manaj. and Business*, vol. 15, no. 2, pp. 123–135, 2022.
- [17] S. Rahardjo, "Innovation and Responsiveness in Organizations," *J. Adm Science.*, vol. 10, no. 1, pp. 45–60, 2023.
- [18] H. Wibowo, "Organizational Culture and Performance," *J. Resources Mns.*, vol. 8, no. 3, pp. 78–90, 2021.
- [19] Darman, S. Mulyono, and Jeffriansyah, *Performance Management Latest Practices To Achieve Organizational Excellence*, vol. 2. Sukabumi, Jawa Barat: PT. Arunika Aksa Karya, 2024.
- [20] T. Rahardjo, "Leadership Development in Organizations," *J. Manaj. Resources Mns.*, vol. 14, no. 1, pp. 23–35, 2022.
- [21] R. Setiawan, "Organizational Culture and Employee Performance," *J. Psychol. and Organs.*, vol. 11, no. 2, pp. 45–58, 2023.
- [22] N. Hidayati, "Leadership Development Strategies for Organizational Excellence," *J. Manaj. and Business*, vol. 13, no. 3, pp. 67–80, 2021.